



# Baltic Open Wushu Championship 2023 TAOLU, TUISHOU, QINGDA, SANDA, SHUAIJIAO, YONG CHUN SANSHOW (Wing Chun free-fighting), BINGDAO

7-8 October 2023, Vilnius (Lithuania)

# 1. GENERAL INFORMATION:

- 1.1 Organizer: Lithuanian Wushu Federation.
- 1.2 Competition is divided to: Taolu, Tuishou, Sanda, Qingda,

Yong Chun Sanshou (Wing Chun free-fighting), Shuaijiao, Bingdao.

- 1.3 Date of the competition: October 6-8
- 1.3.1 Arrival of participants: October 6
- 1.3.2 Registration: 19:00 21:00, October 6
- 1.3.3 Weighing-in: 08:00 to 10:00 October 7
- 1.3.4 Competition dates and time: October 7-8, competition starts at 9:00 a.m.
- 1.3.5 Day of the departure Ocober 9
- 1.4 Final entry form must be filled and send to <u>info@wushu.lt</u> and registered at the https://www.competitionbook.com/ not later than September 25, 2023.

#### 2. COMPETITION PALCE:

Saulėtekio alėja 28, LT-10225, Vilnius, Lietuva

# 3. REGISTRATION FEE:

Registration fee for Taolu, 40 EUR for the first event and 10 EUR per every aditional event.

Registration fee for Tuishou is 40 EUR and 10 EUR per every aditional event

Registration fee for Sanda is 40 EUR and 10 EUR per every aditional event

Registration fee for Qingda is is 40 EUR and 10 EUR per every aditional event

Registration fee for Shuaijiao is 40 EUR and 10 EUR per every aditional event

Registration fee for Yong Chun Sanshou is 40 EUR and 10 EUR per every aditional event

Registration fee for Bingdao is 40 EUR and 10 EUR per every aditional event

# 4. COMPOSITION OF TEAM:

The total number of athletes is not limited.

#### 5. ENTRIES:

The Final Entry Forms with events and names of the competitors must be sent to <u>info@wushu.lt</u> and registered at the <a href="https://www.competitionbook.com/">https://www.competitionbook.com/</a> not later than September 25, 2023 (24:00GMT)

#### 6. TAOLU:

#### **6.1** Age categories:

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1)Taolu Category - children 5 years old (male and female separately);
2)Taolu Category - children 6 years old (male and female separately);
3)Taolu Category - children 7 – 8 years old (male and female separately);
4)Taolu Category - children 9 – 11 years old (male and female separately);
5)Taolu Category - children 12 – 14 years old (male and female separately);
6)Taolu Category - juniors15 – 17 years old (male and female separately);
7)Taolu Category - adults 18 - 35 years old (male and female separately);
8)Taolu Category - adults above 36 years old (male and female separately).
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## The age calculation is based on the age on the 31st December 2023.

#### 6.2 Competition program - contemporary taolu:

- 1) Barehand forms: Changquan, Nanquan, Taijiquan.
- 2) Short weapons: Jianshu, Daoshu, Nandao, Taijijian.
- 3) Long weapons: Qiangshu, Gunshu, Nangun.

Children in Taolu Categories 5 y.o. and 6 y.o. may participate with basic 5 forms "Wu Bu Quan" and 16 forms barehanded and weapon routines..

Children in Taolu Categories 7-8 y.o., 9-11 y.o may participate with basic 5 forms "Wu Bu Quan", 16 forms, 20 forms, ½ 32 forms and 32 forms barehanded and weapon routines..

Children in Taolu Categories 12-14 y.o. may participate with 32 forms and 1st, 2nd, 3d set barehanded and weapon routines.

Juniors in Taolu Categories 15-17 y.o. may participate with 32 forms and 1st, 2nd, 3d set barehanded and weapon routines.

Adults in Taolu Categories 18-35 y.o. may participate with 1st, 2nd, 3d set barehanded and weapon routines

Seniors in Taolu Categories above 36 y.o. may participate with 1st, 2nd, 3d set barehanded and weapon routines.

# 6.3 Competition program - Traditional barehand forms:

#### Group 1. Traditional Taijiquan

Traditional Taijiquan including Chen, Yang, Sun, Wu, Wu (Hao), Li, Wudang, Zhaobao and other traditional Taijiquan styles divided into Taijiquan competition.

#### Group 2. Traditional Neijiaquan

Traditional Baguazhang, Xingyiquan, Wudangquan (Wudang Xingyiquan, Baguaquan etc.) etc. styles divided into quanshu competition.

Group 3. Traditional Nanquan

Traditional Guandong, Fujian, Sichuan etc. Nanquan schools (Hong, Li, Mo, Wuzu, Cailifo etc.) divided into quanshu competition.

Group 4. Traditional Shaolinquan

Traditional Songshan shaolingquan divided into quanshu.

Group 5. Imitation styles (Xiangxingquan)

All imitation routines including Houquan, Yinzhuaquan, Zuiquan, Tanglangquan, Ditangquan, Zonghequan, Minghequan, Heihuquan etc. divided into quanshu competition.

Group 6. Traditional Tongbeiquan, Fanziquan, Chuojiao, Piguaquan styles

Traditional Tongbeiquan, Fanziquan, Chuojiao, Piguaquan styles divided into quanshu competition.

Group 7. Traditional Yongchun (Wing chun).

Traditional Yongchunquan (Wingchun) quanshu routines Biaozhi (Biutze) and Xunqiao (Chumkiu).

Group 8. Other traditional styles

All other traditional quanshu routines: Chaquan, Huaquan, Paoquan, Baimeiquan (Pakmei), Liuhequan, Gongliquan, Yuejiaquan, Wudangquan (except Wudang Taijiquan, Xingyiquan and Baguaquan which belong to above-mentioned categories) etc.

Group 9. Yongchunquan Wooden Dummy Routines

# **6.4** Traditional weapons:

Group 1: single short weapons

Group 2: single long weapons

Group 3: double weapons

Group 4: flexible weapons

Group 5: Taijiquan weapons(Taijiquan qixie)

#### 6.5 Duilian:

Barehand vs. Barehand, Weapon vs. Weapon, Barehand vs. Weapons

# 7. TUISHOU, QINGDA, SANDA, YONG CHUN SANSHOW (Wing Chun free-fighting), SHUAIJIAO, BINGDAO

#### 7.1 Age categories:

Children A: age 8-9 Children B: age 10-11 Cadets: age 12-14 Juniors: age 15-17 Adults: age 18 – 35

## 7.2 Weight Categories:

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21kg Category (>18kg-\le21kg)
24kg Category (>21kg-\le 24kg)
27kg Category (>24kg-\le27kg)
30 \text{kg Category} (> 27 \text{kg} - \leq 30 \text{kg})
33kg Category (>30kg-\le33kg)
36kg Category (> 33kg-\le 36kg)
39kg Category (>36kg-\le39kg)
42kg Category (> 39kg- \le 42kg)
45kg Category (>42kg-\le45kg)
48kg Category (>45kg-\leq48kg)
52kg Category (>48kg-\leq 52kg)
56kg Category (>52kg-\le56kg)
60kg Category (>56kg-\le60kg)
65kg Category (>60kg-\le65kg)
70kg Category (>65kg-\leq 70kg)
75kg Category (>70kg-\le75kg)
80kg Category (>75kg-\le 80kg)
85kg Category (>80kg-\le85kg)
90kg Category (>85kg-\leq90kg)
Over 90kg Category (>90kg)
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- 7.3 TUISHOU, YONG CHUN SANSHOW (Wing Chun free-fighting), QINGDA and SANDA events will be held according EWUF rules. <a href="https://ewuf.org/documents/">https://ewuf.org/documents/</a>
- 7.4 All participants of Qingda and Sanda must have two sets of clothing (red and blue), according to EWUF regulations. Protective equipment will be provided by the organisers.

#### NOTA BENE.

#### Children under 12 years old have to compete with FACE MASK HEAD GUARD.

7.5 All participants of BINGDAO must have black t-shirt and black trousers covering both ankles. (T-shirts and trousers must be without writings on them. The only exception is - sports club name or Chinese characters). BINGDAO protective equipment will be provided by the organisers. WUSHU BINGDAO (DUANBING) event will be held according Chinese Wushu Association rules: <a href="https://www.wushu.lt/baltic-wushu-championships-open/">https://www.wushu.lt/baltic-wushu-championships-open/</a> 7.4 All participants of SHUAIJIAO must have black t-shirt and black trousers covering both ankles. (T-shirts and trousers must be without writings on them. The only exception is - sports club name or Chinese characters). SHUAIJIAO equipment will be provided by the organisers. SHUAIJIAO event will be held according Lithuanian Wushu Federation rules: <a href="https://www.wushu.lt/baltic-wushu-championships-open/">https://www.wushu.lt/baltic-wushu-championships-open/</a>

# 8. OTHER MATTERS

Each team is required to bring the following:

- 1. The original Final Entry Form;
- 2. For every competitor:
- Citizen passport (original);
- Health certificates;
- Valid Life Insurance Certificate;
- Waiver of Liabilities.

#### **COMPETITION MANAGEMENT**

Tomas Lapinskas, <u>info@wushu.lt</u>
Andrey Andrienko <u>kmnklaipeda@gmail.com</u>
Deividas Vaškelis deividas.vaskelis@gmail.com

The registration fee must be paid at the technical committee at the time of the arrival or by bank transfer to Lithuanian Wushu Federation bank account:

Reciever: Lithuanian Wushu Federation Address: Vilniaus g. 45-7, Vilnius, Lithuania Reg. Nr. 300787430 Bank name: AB SEB bankas

Account No.: LT89 7044 0000 8262 2517

www.wushu.lt